

Medicinal Mushroom Chart

Species comparison - mechanisms of action & therapeutic indications



MG-ZL8™ - The ALL-IN-ONE Powerhouse



✓ MG-ZL8 Antler Extract(Gold) ✓ Six well-known Mushrooms (Green) ✓ Extended species/Stamets (Light Green)

ORIGINAL PAUL STAMETS RESEARCH - ESTABLISHED INDICATIONS

MUSHROOM GURU RESEARCH ADDITIONS - EXTENDED MECHANISMS

The number below each ailment corresponds to the **AILMENTS & SPECIES REFERENCE BOOKLET**

Species

MG-ZL8™
Ganoderma lucidum
Antler - dual extract
• All-in-one
• 400+ compounds
• 12x potency



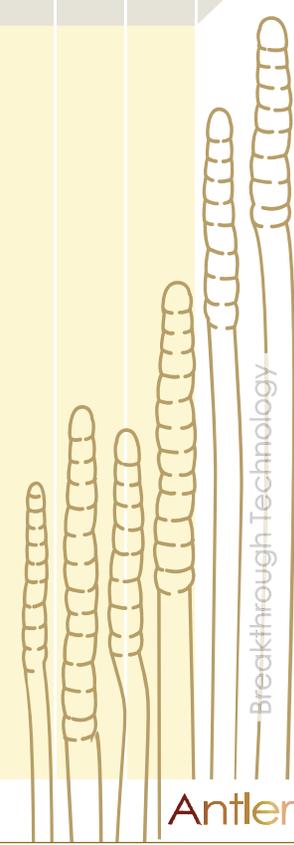
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
Anti-bacterial	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Anti-candida																									
Anti-inflammatory																									
Anti-oxidant																									
Anti-tumour																									
Anti-viral																									
Blood pressure																									
Blood sugar																									
Cardiovascular																									
Cholesterol																									
Immune system																									
Kidney tonic																									
Liver tonic																									
Lungs / Respiratory																									
Nerve tonic																									
Sexual potentiator																									
Stress reducer																									
Epigenetic repair																									
Neuroplasticity																									
Gut microbiome																									
Tissue & fascia repair																									
HPA axis / Cortisol																									
Fibrinolytic activity																									
IL-2 amplification																									
Myeloperoxidase activation																									

THE SIX SPECIALISTS - INDIVIDUAL MECHANISMS OF ACTION

Lion's Mane <i>Hericium erinaceus</i>		✓		✓		✓																				
Cordyceps <i>Cordyceps militaris</i>		✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Chaga <i>Inonotus obliquus</i>		✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Reishi - Conk <i>Ganoderma lucidum (standard)</i>		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Turkey Tail <i>Trametes versicolor</i>		✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Maitake <i>Grifola frondosa</i>					✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓

EXTENDED SPECIES - PAUL STAMETS RESEARCH

Royal Sun Blazei <i>Agaricus brasiliensis</i>					✓	✓		✓		✓	✓															
Amadou <i>Fomes fomentarius</i>		✓					✓																			
Agrikon <i>Fomitopsis officinalis</i>		✓		✓			✓																			
Artist Conk <i>Ganoderma applanatum</i>		✓		✓		✓									✓											
Oregon Polypore <i>Ganoderma oregonense</i>		✓				✓				✓		✓									✓	✓				
Shiitake <i>Lentinula edodes</i>		✓	✓			✓	✓	✓	✓	✓		✓	✓	✓							✓	✓		✓	✓	
Mesima <i>Phellinus linteus</i>		✓		✓		✓	✓																			
Birch Polypore <i>Piptoporus betulinus</i>		✓		✓		✓							✓													
Pearl Oyster <i>Pleurotus ostreatus</i>		✓		✓		✓	✓		✓	✓	✓											✓				
Chicken of the Woods <i>Polyporus sulphureus</i>		✓																								
Zhu Ling <i>Polyporus umbellatus</i>		✓		✓		✓	✓					✓									✓	✓				
Split Gill Polypore <i>Schizophyllum commune</i>			✓			✓	✓																			



Antler

Ref: Paul Stamets — Mycelium Running (2005) · Extended mechanism columns: Mushroom Guru proprietary research | Velucka V. (2018) · EWAS Psilocybin Study (2025) | MG-ZL8™ pre-clinical validation: Prof. Vaclav Velucka PhD · University of Louisville, KY

info.mushroomguru.co.za

GanodermaGOLD™

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